LEESLAND C of E FEDERATION

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Wednesday 29th April 2026

Dear Year 6 Leesland families,

We believe that promoting the health and wellbeing of our pupils is an important part of their overall education. The aim of our PSHE curriculum is to help pupils make safe and informed decisions during their school years and beyond.

There are four main aims for teaching RSE within the context of Primary School PSHE (Personal, Social, Health Education):

• To enable young people to understand and respect their bodies, and be able to cope with the change's puberty brings, without fear or confusion

• To help young people develop positive and healthy relationships appropriate to their age, development etc. (respect for self and others)

• To support young people to have positive self-esteem and body image, and to understand the influences and pressures around them

• To empower them to be safe and safeguarded.

It is for this reason that our year 6 RSE curriculum will cover the following:

To describe how and why the body the body changes during puberty in preparation for reproduction.

To explore the importance of communication and respect in relationships.

To know basic facts about conception and pregnancy.

To explore positive and negative ways of communicating in a relationship, with a focus on online relationships and where to get support.

All lessons are delivered in a way that is fully age-appropriate with the opportunity for children to ask questions and discuss in a safe environment. Parents and carers are the most important educators of children and young people in personal issues and many welcome the support that school can offer to supplement their home teaching.

You will be invited to view the materials we will be using in the lessons on Monday 1st June at 3:20pm. This is an informal opportunity to view the resources as well as ask any questions you may have about the unit of work.

This will be a drop-in session so you will be able to collect any siblings from the Infant School or pre-school. It may not be appropriate to bring these younger children to the session – please use your own judgement about this.

You may also find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any questions prior to the drop in, please contact a member of the year 6 team.

Yours Sincerely

Year 6 Team